

Updated 9/11/09

ODU Recreation and Wellness
2009 Flag Football League
Powder Puff League

Team	Captain	Contact Number
1. T.M.I	Myisha Churchwell	540-656-3278
2. FYI	Aaron Joyner	757-408-8916
3. SWL	Jamal Opie	757-358-2297
4. Delta Zeta	Lindsay Schwarz	540-907-9685
5. Pi Beta Phi	Jenna Rowlands	540-846-9694
6. FASA	Edward Round	757-436-0719

Date/Time	Teams	Location
Sun. 9/13 11pm	3 vs. 6	Field PHF
Tue. 9/15 7pm	1 vs. 5	Field B
8pm	4 vs. 2	Field B
Tue. 9/15 6pm	2 vs. 6	Field PHF
Thur. 9/17 7pm	3 vs. 1	Field B
8pm	5 vs. 4	Field B
Sun. 9/20 2pm	6 vs. 4	Field PHF
Tue. 9/22 6pm	6 vs. 5	Field PHF
10pm	3 vs. 2	Field B
10pm	1 vs. 4	Field PHF
Thur. 9/24 6pm	1 vs. 6	Field PHF
Tue. 9/29 6pm	2 vs. 5	Field PHF
7pm	4 vs. 3	Field PHF



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Thur. 10/1	7pm	2 vs. 1	Field B
	8pm	5 vs. 3	Field B

1. Field B = Football Practice Field
PHF = Powhatan High School Field
2. Sunday games begin on the hours
3. Weekday games begin on the $\frac{1}{4}$ hour
4. GAME TIME IS FORFEIT TIME
5. Good Luck, Have Fun!



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