



ODU Recreation and Wellness
 2009 Flag Football League
 Men's B ACC

Team	Captain	Contact Number
1. The Brengel Craigs	Mike Therrien	757-536-1186
2. Oh no, it's the Band	Mark Bowden	757-323-3640
3. The Maintenance Men	Brian Vance	703-434-0637
4. Free Agents	Avery Watkins	540-834-8206
5. VA All Day	Eric Singer	757-813-6313

Date/Time	Teams	Location
Sun. 9/13	1 vs. 5	Field PHF
7pm	4 vs. 2	Field PHF
8pm		
Mon. 9/14	3 vs. 1	Field B
9pm	5 vs. 4	Field B
10pm		
Sun. 9/20	3 vs. 2	Field PHF
6pm	1 vs. 4	Field PHF
7pm		
Wed. 9/23	2 vs. 5	Field PHF
6pm	4 vs. 3	Field PHF
7pm		
Mon. 9/28	2 vs. 1	Field PHF
6pm	5 vs. 3	Field PHF
7pm		

1. Field B = Football Practice Field
PHF = Powhatan High School Field
2. Sunday games begin on the hours
3. Weekday games begin on the ¼ hour
4. GAME TIME IS FORFEIT TIME
5. Good Luck, Have Fun



Division of Student Affairs