



ODU Recreation and Wellness  
 2009 Flag Football League  
 Men's A CAA

Team	Captain	Contact Number
1. EVMS – Solhaugs	Warrick Staines	703-863-3345
2. Old Heads	Wilbert Thacker	804-484-5806
3. Return of 36 Chambers	Robert Perry	757-438-2085
4. Gunnerz	Alamay Getachew	347-256-6088
5. BOHICA	Chris Marshall	804-380-8060
6. Triple X	Lawrence Holman	757-402-0340

Date/Time	Teams	Location	
Sun. 9/13	7pm	1 vs. 2	Field B
	8pm	3 vs. 4	Field B
	9pm	5 vs. 6	Field B
Wed. 9/16	7pm	2 vs. 3	Field B
	8pm	1 vs. 6	Field B
	9pm	5 vs. 4	Field B
Wed. 9/23	7pm	3 vs. 1	Field B
	8pm	2 vs. 5	Field B
	9pm	6 vs. 4	Field B
Sun. 9/27	6pm	3 vs. 5	Field PHF
	7pm	2 vs. 6	Field PHF
	8pm	4 vs. 1	Field PHF
Wed. 9/30	7pm	6 vs. 3	Field B
	8pm	1 vs. 5	Field B
	9pm	4 vs. 2	Field B

1. Field B = Football Practice Field  
PHF = Powhatan High School Field
2. Sunday games begin on the hours
3. Weekday games begin on the ¼ hour
4. GAME TIME IS FORFEIT TIME



Old Dominion University™  
 Recreation & Wellness

Division of Student Affairs



5. Good Luck, Have Fun!

